



Aging Happens. Help Us Make it a Positive Experience for All.

Quality, Care and Comfort

2022

ANNUAL REPORT

TO THE COMMUNITY

**A mission-driven community
nonprofit with a Colorado legacy
more than 130 years long.**

Colorado Visiting Nurse Association provides the most appropriate range of health care solutions to allow people to remain independent while healing or aging at home.

Our Values

Quality, Care and Comfort
since 1889

LETTER FROM PRESIDENT AND BOARD CHAIR

Thank you for your support of Colorado Visiting Nurse Association. The impact you make in the lives of older adults and those at the end of life's journey is felt every day.

In 2022, we were so thankful to have you and others helping us navigate a continually changing landscape in the home health, hospice, CAPABLE, wellness and bereavement space. Your belief in our mission shows your commitment to our community. Your generous support helps us to make quality, comfort and care the focus of our work.

We are pleased to share with you our Annual Report for 2022. Throughout the year, we worked to fulfill this mission by adding to our existing strengths and growing new capabilities - with your help.

A few highlights of the things we accomplished in 2022 include:

- Updated our Mission, Vision and Values to better reflect the services we are providing to our communities.
- Received a \$2,300,000 grant from Health First Colorado - Colorado's Medicaid program to expand CAPABLE services to more Medicaid members in Colorado.
- Expanded our home health services to more Coloradoans through partnering with 24/7 AvaRe Home Health.
- Home Health elevated our CMS star rating to 4 Stars.
- Advanced our Hospice to a 3 Star CMS rating.
- Our team members have been focused on achieving the highest quality for the communities we serve.

While we will continue to face challenges, we have much to look forward to as we continue our mission. Our commitment to providing the highest quality home health, hospice, CAPABLE, wellness and bereavement for all in need will not change as we continue serving even more patients and their loved ones.

Please read more in this annual report about how we have impacted the lives of those in our community in 2022.

We thank you for your generous support and continued trust in Colorado Visiting Nurse Association.



Julie Nunley
President



Ben Price
Chair of the Board of Directors

COLORADO VISITING NURSE ASSOCIATION STRENGTHENS ITS MISSION STATEMENT TO REFLECT IT'S UNRIVALED LEGACY OF CARE

The Colorado Visiting Nurse Association updated its mission statement and logo in 2022 to emphasize the breadth and depth of our services and commitment to the community.

After Halcyon Hospice joined Colorado VNA in 2020, the organization has been continuously working to integrate increased hospice, palliative and bereavement care services into it what it offers to the community.

“We’ve all been working as one organization – Colorado VNA and Halcyon at Colorado VNA - now, we are working under one mission and logo, too – the Colorado Visiting Nurse Association,” stated Julie Nunley, President of Colorado VNA.

Colorado VNA updated its mission statement to the community to express its targeted goals



Colorado
Visiting Nurse
Association

Quality, Care and Comfort Since 1889

HOME HEALTH ♥ HOSPICE ♥ WELLNESS ♥ CAPABLE

of “Quality, Care and Comfort since 1889.” This is reflected in the new logo.

Since 1889, Colorado VNA has been the community leader in providing the highest quality home healthcare, wellness and now hospice.

Over many decades, Colorado VNA has expanded its services, integrated the latest technology, and grown our team, volunteer corps numbers, and expertise to provide exceptional care.

By doing this, they have created an unrivaled continuum of care to meet the needs of their patients and their families, consistently offering high-quality and compassionate care.

Colorado VNA offers hospice services throughout the Denver Metro area.



*Aubrey Quinn Portovedo
Social Worker*

Spotlight: Unveiling Our Stellar Employees - Exploring Passions and Why They Thrive in Our Workspace

My passion for being a hospice social worker comes from personal experience with my grandmother on hospice. Hospice is such a unique form of care and often misunderstood; I love being a part of redefining what hospice is and does for someone.

My favorite part of my job is the face-to-face time with patients and getting to know them.

I love how collaborative my team is! Everyone works and communicates to give the best treatment to our patients. I can tell how much the team cares about each person.

COLORADO VNA RECEIVES \$2,300,000 GRANT TO EXPAND CAPABLE PROGRAM

In 2022, Colorado VNA received a grant totaling \$2,300,000 from the Colorado Department of Health Care Policy and Financing to support and expand its CAPABLE program and provide care for more Health First Colorado members.

CAPABLE, which stands for Community Aging in Place - Advancing Better Living for Elders, was developed by the Johns Hopkins University School of Nursing. Its goal is to demonstrate that with modest investments in short-term interventions, older adults can remain in their homes longer, decrease medical costs, improve health outcomes and quality of life.

Colorado VNA is one of the flagship programs of Johns Hopkins School of Nursing licensed CAPABLE program and has been providing CAPABLE services to qualifying senior clients in the greater Denver metropolitan area since 2017 - serving over 300 clients since the inception of its CAPABLE program.

Through American Rescue Plan Act funding, the Department received approval to pilot the CAPABLE program to support Health First

Colorado members. Colorado VNA will work closely with area partners and the Colorado Department of Health Care Policy and Financing to implement CAPABLE in additional areas along the Front Range.

Within the home-based CAPABLE program, visits are provided by an Occupational Therapist (OT), a Registered Nurse (RN) and Handy Worker who collaborate with the client to increase mobility and functionality in their home. The four-to-five-month innovative approach addresses the participants abilities and the home environment through goal setting and action planning with reported improvements in activities of daily living, independence, safety and health.

“This Funding will support our mission of providing quality, care, and comfort to those Health First members who choose to stay in their homes safely with the assistance of our CAPABLE team,” expressed Julie Nunley, President of Colorado VNA. “We are excited to collaborate with HCPF to bring this to fruition.”

In addition, Colorado VNA will provide community education staff in each of the service lines to conduct outreach and education about the CAPABLE program and its benefits.

I first heard about CAPABLE years ago when I was in grad school and knew it was exactly what I wanted to do. Being a part of CAPABLE is more rewarding than I ever could have imagined. One of our clients told us that CAPABLE does improve safety and independence, but more importantly, it provides hope. Nothing compares to that!

Being a CAPABLE occupational therapist allows me to support clients in accomplishing unique goals they have chosen for themselves. The experience is truly individualized for each participant, and I have the privilege to be part of their achievements.

I enjoy that each team member brings different perspectives and experiences, allowing opportunities for collaboration. That collaboration facilitates my learning and growth and allows our team to provide the best care for our clients.



*Elizabeth Parks
Occupational Therapist*

COLORADO VNA 2022 EMPLOYEE SPOTLIGHT



*Anne Hart
Wellness RN*

I am passionate about wellness because as an RN, the health and wellness of our communities is my concern. If we can help seniors be well, we will have happier, healthier citizens who can enjoy more independent lives.

It's hard to identify only one element I like best about my role as a wellness nurse! I enjoy the variety of clinical settings, working with my colleagues, my patients, and the sense of satisfaction that comes from knowing I have made a positive difference in their lives.

The wellness department is a strong team because we have great leadership, and nurses who are committed to doing the very best they can for their patients as individuals and as community members. We support and help each other when staffing problems arise, and work together for solutions because we all believe so strongly in the work we do.

I have the honor of walking a path with grieving individuals, to witness their pain and to acknowledge that the feelings that they are feeling are not a problem but a way of processing a relationship in a way that they are able to talk about their truth and have it heard and validated by a non-judgmental presence.

I'm able to give a grieving person a space where they can say the words and feel the emotions that they might otherwise might not be able to say even to those closest to them. I feel honored to experience the kind of trust that almost always shows up when I meet with a grieving individual or group.

Starting with my manager, I feel absolute trust and respect from her. Whenever we meet, it has never gone without her expressing gratitude for the work I do. I appreciate her transparency, her openness and her willingness to let me be creative. I also feel the trust of the social workers and feel like we have mutual respect for each other in our roles.



*Barbara Kamlet
Bereavement Counselor*



*Megan Lumpkins
Physical Therapist*

To be able to help patients in their home is extremely rewarding and impactful. I'm able to increase their safety, decrease their risk of falls and keep them living as independently as possible in the place they call home. All while coordinating with their families and support networks and emphasizing care that matches our patient's goals.

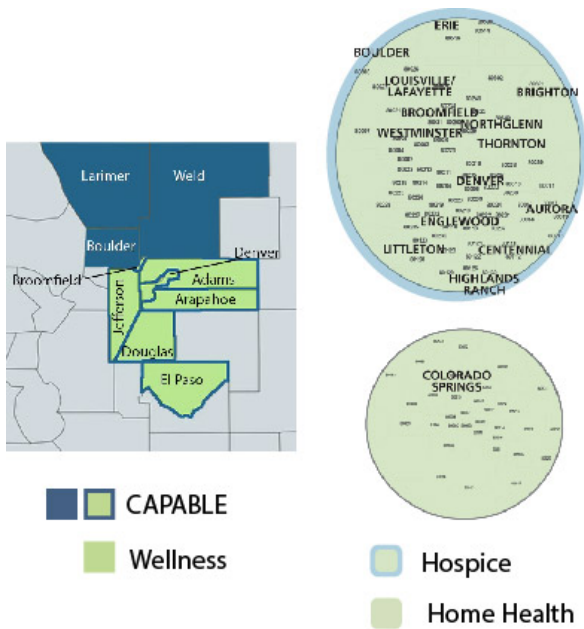
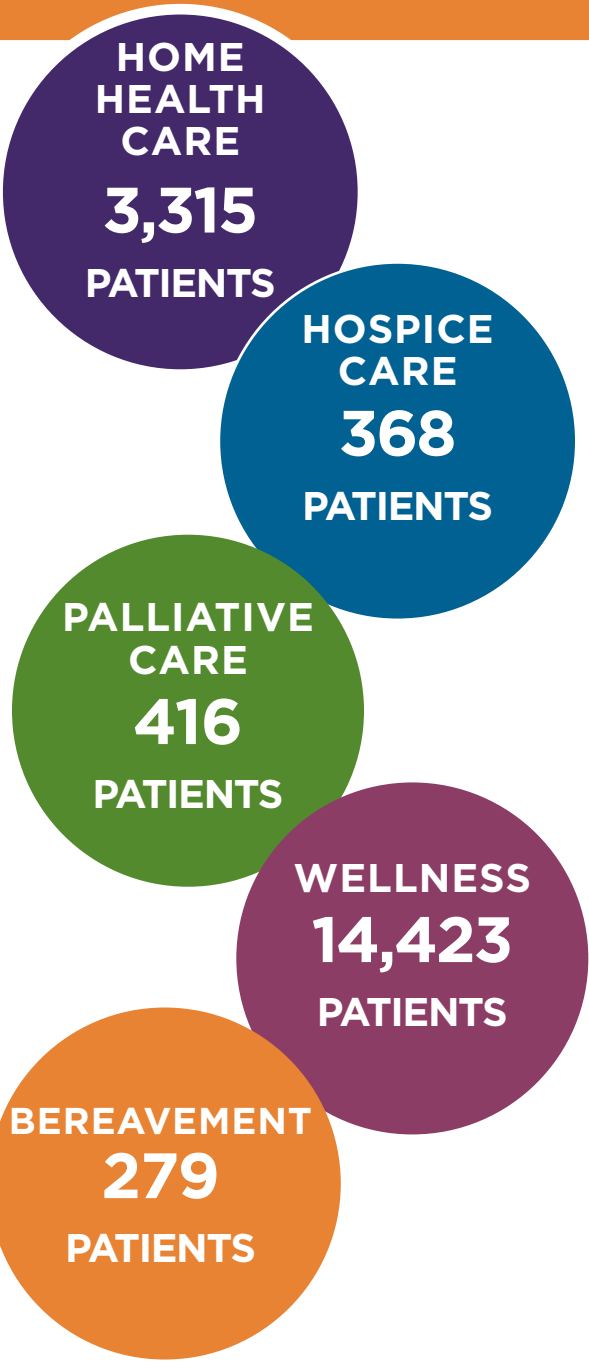
Home health is this amazing blend of autonomy and teamwork. I choose my caseload, make my schedule, and create my care plans independently. But on the other hand, I feel continually supported by managers and administrative staff and communicate regularly with other disciplines on the care team including OTs and nurses.

My fellow care team members constantly amaze me with their professionalism, skill, and human touch, truly caring about our patients. My coworkers also have my back, helping with my caseload, questions, and concerns (and unwinding at a happy hour with them after a busy week is always nice).

OUR COMMITMENT TO EXCELLENT CARE

With an admirable team of dedicated, experienced employees, Colorado VNA is a pillar of support for individuals and families in need of evidence-based, compassionate wellness, home health, and end-of-life care. We are committed to providing health solutions that enable people to function as independently as possible in their homes and communities.

At Colorado VNA, our work is guided by our not-for-profit mission; quality, care and comfort drive our business. Payments for services, grants, and donations cover our costs and allow us to invest in innovative programs and health technologies, advance staff education and skills, to those in need.



Care Spanning the Front Range

Home Health - serving the Denver and Colorado Springs metro areas.

Hospice, Grief Support- serving the Denver metro areas.

Wellness- serving the Denver metro areas and El Paso county.

CAPABLE - serving the Denver metro areas from Fort Collins to Colorado Springs

The logo graphic consists of several concentric, curved bands in shades of blue and teal, partially overlapping a circular image of a mountain landscape. A dashed blue line follows the outer edge of the bands. The background image shows a mountain range under a cloudy sky with a bright light source, possibly the sun, creating a soft glow.

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Quality
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