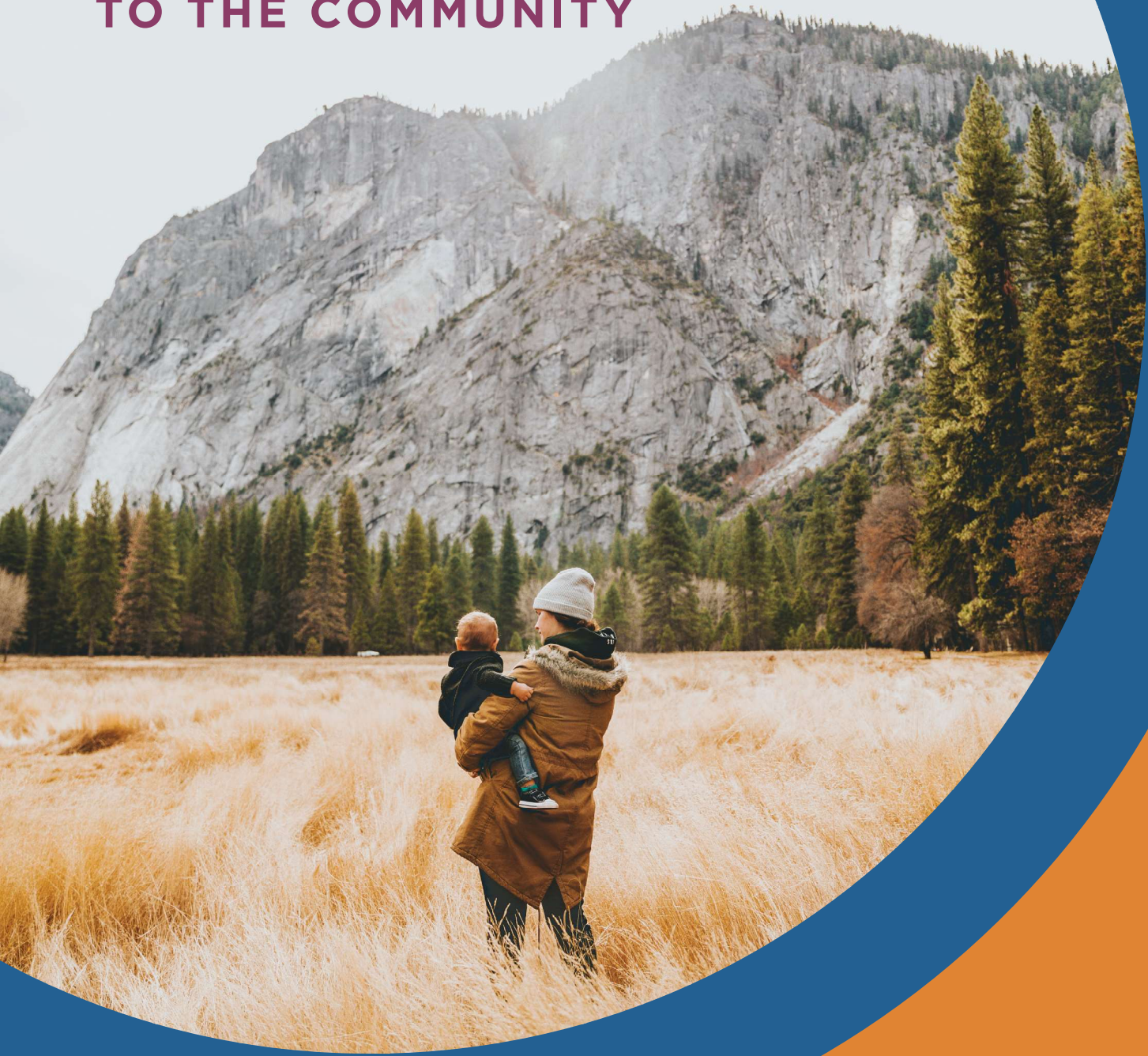




Colorado
Visiting Nurse
Association
Expert Care Since 1889

2020 ANNUAL REPORT TO THE COMMUNITY



A mission-driven community nonprofit with a Colorado legacy more than 130 years long.

Colorado Visiting Nurse Association provides the most appropriate range of health care solutions to allow people to remain independent while healing or aging at home.

Our Values

- Providing health solutions that enable people to function as independently as possible in their homes and communities
- Providing high-quality care that is cost effective with high patient satisfaction

LETTER FROM PRESIDENT AND BOARD CHAIR

Thank you for your ongoing support of Colorado Visiting Nurse Association (CVNA) and Halcyon at Colorado VNA. We are pleased to share with you our Annual Report for 2020.

The mission of CVNA is to provide the most appropriate range of health care solutions to allow people to maximize independence and to heal and age at home.

In 2020, we worked to fulfill this mission by increasing our capabilities to serve those in need.

Here are a few highlights:

- We grew our capacity to serve more patients and families at end-of-life by welcoming the staff of Halcyon Hospice and Palliative Care to join CVNA – the staff and patients and families they were serving became part of the CVNA family in August, creating a division called Halcyon at Colorado VNA.
- We received grants for \$48,000 from the Denver Council of Regional Governments (DRCOG) and \$37,000 from the Boulder County Area Office on Aging to support our CAPABLE programs – Community Aging in Place – Advancing Better Living for Elders programs – to help older adults remain in their homes longer, improve health outcomes, and decrease medical costs.
- CVNA Home Health Increased its patient satisfaction scores and now has a 4-star rating from Medicare, out of 5 possible stars.
- Halcyon was selected by a Humana Medicare Advantage plan to be one of its key partners for hospice.

Driven by our dedication to the highest quality life-enhancing care, our teams at CVNA and Halcyon at Colorado VNA continue to create ways to be more responsive and better equipped to address the needs of our community. We invite you to read more about how we improved our capabilities in 2020.

Thank you for your generous support and continued trust in CVNA and Halcyon at Colorado VNA.



Tricia Ford
Interim President



Ben Price
Chair of the Board of Directors

BUILDING RESILIENCE AFTER LOSS



Speaker and author Nancy Sharp, an expert in resiliency, hosted a workshop for the Halcyon community on July 28.

“Building Resilience After Loss” provided participants inspiration

and a roadmap for their grief journey toward resilience.

Nancy is the author of the bestselling memoir *Both Sides Now*, winner of the Colorado Book Award, and a children’s picture book of hope for grieving children and families called *Because the Sky is Everywhere*. Both books are featured in the National Resource Bereavement Guide.

NEW MEDICAL DIRECTOR: LUIS FELIPE (PHIL) RAMOS, JR., MD

In 2020, Luis Felipe (Phil) Ramos, Jr., MD, was named medical director of Halcyon Hospice and Palliative Care. Following Halcyon’s transition to become part of Colorado VNA, Dr. Ramos is now medical director of Halcyon at CVNA.



Dr. Ramos is a graduate of the Baylor College of Medicine. He is board-certified by the American Board of Hospice and Palliative Medicine in hospice and palliative medicine and by the American Board of Internal Medicine in nephrology.

Dr. Ramos has been a practicing physician for more than 15 years, including 10 years as a nephrologist and a medical director of an outpatient dialysis clinic. He also has recent experience as a hospice and palliative care physician with The Denver Hospice.

As medical director, Dr. Ramos leads the clinical team of nurse practitioners, registered nurses, social workers, chaplains and certified nurse aides in the care of patients with advanced and terminal illnesses.

GINA MACHADO NAMED AN ‘UNsung HERO’ BY NATIONAL CAPABLE PROGRAM

Congratulations to the amazing Gina Machado, RN, who was honored as an Unsung Hero by the national CAPABLE program. Over the last two years of our CVNA CAPABLE implementation, Gina has worked with over 90 satisfied participants. Gina helped these senior Coloradans achieve goals that allow them to stay in their own homes for longer as they age.



COMMUNITY FUNDERS SUPPORT CVNA

MILE HIGH UNITED
WAY AWARDS
\$20,000 GRANT



In June, Mile High United Way awarded CVNA a T2020-2021 Strategic Investment grant from Mile High United Way.

The grant furthers our efforts to provide care for low income seniors and those without secure housing and to help older adults to remain independent in their communities for longer.

NEXTFIFTY GRANT HELPS
OLDER ADULTS STAY IN
THEIR HOMES LONGER



The NextFifty Initiative, a Colorado-based private foundation, awarded the CVNA a \$48,000 grant to support the CAPABLE program.

CAPABLE stands for Community Aging in Place - Advancing Better Living for Elders. Developed by the Johns Hopkins University School of Nursing, its goal is to demonstrate that with modest investments in short-term interventions, older adults can remain in their homes longer, improve health outcomes and decrease medical costs.

A safe home environment is the first step to this mission, but many clinicians overlook this setting. CVNA is the first community-based home health organization to implement CAPABLE. The CAPABLE program provides 10 visits to the home, six with an occupational therapist and four with a nurse.

Clients identify self-care goals they'd like to address. Goals range from walking to the

mailbox, doing laundry, or showering; they all empower our clients to continue living safely and independently.

NextFifty is dedicated to funding mission-driven initiatives that improve the lives of the older adult population and their caregivers. It seeks to fund game-changing efforts to improve and sustain quality of life for people in their second 50 years.



HALCYON CORPORATION CEASES OPERATIONS

MOST HALCYON STAFF JOIN
COLORADO VISITING NURSE
ASSOCIATION

2020 marked a significant transition as the Halcyon Corporation discontinued its operations and Colorado VNA absorbed Halcyon Hospice and Palliative Care operations. Colorado VNA and Halcyon already shared administrative office space and affiliation with the not-for-profit Care Synergy network.

In August, the staff and patients and families they were serving became part of the CVNA family, creating a division called Halcyon at Colorado VNA.

“Colorado VNA has a distinguished community legacy of more than 130 years and this will allow us to grow and prosper while expanding our clinical expertise and the breadth and depth of care offered to patients,” said Colorado VNA president Christopher Lee. “I am excited about the potential in enhancing Colorado VNA, one of the largest home health agencies in the state.”

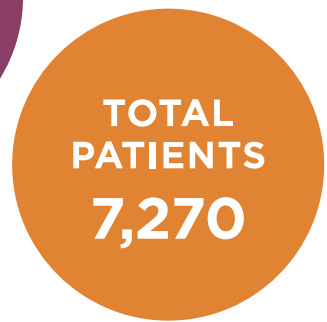
2020 FINANCIAL HIGHLIGHTS

REVENUE AND EXPENSES

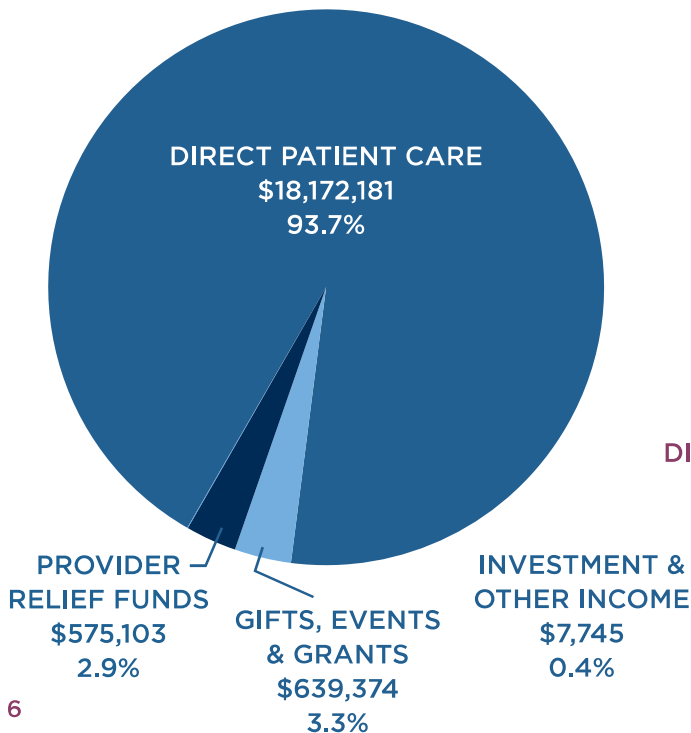
With an admirable team of dedicated, experienced employees, Colorado VNA is a pillar of support for individuals and families in need of evidence-based, compassionate wellness, home health, and end-of-life care. We are committed to providing health solutions that enable people to function as independently as possible in their homes and communities.

REVENUE AND EXPENSES

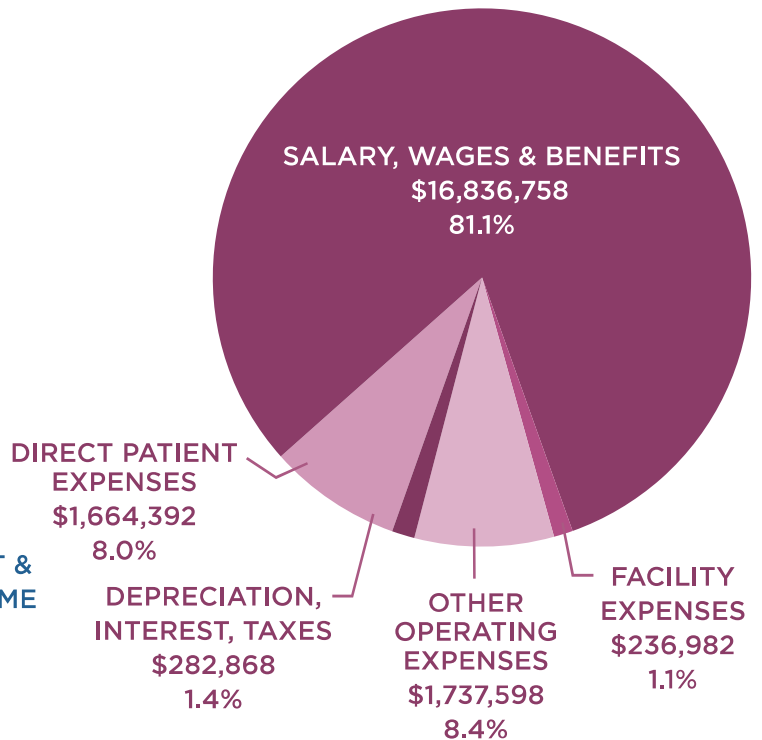
At Colorado VNA, our work is guided by our not-for-profit mission; quality and compassion drive our business, not profits. Payments for services, grants, and donations cover our costs and allow us to invest in innovative programs and health technologies, advance staff education and skills, and offer free and reduced-cost care to those in need.



SOURCES OF REVENUE



HOW WE SPEND THE FUNDS ENTRUSTED TO US



A NOTE FROM CARE SYNERGY

As the region's largest end-of-life care network, Care Synergy provides mission support services for not-for-profit, community-based hospice and palliative care affiliate organizations, including Colorado Visiting Nurse Association.

We understand the impact of the COVID-19 pandemic may have added significantly to the anxiety and emotion that's evoked by hospice and palliative care even in the best of times.

In 2020, Care Synergy worked to fulfill our purpose by helping CVNA and our other affiliated organizations meet the challenge of a world-wide pandemic and better serve the patients and families they serve.

Care Synergy helped to sustain CVNA by helping to acquire critical Personal Protective Equipment (PPE) so that the staff could be personally safe and safely provide care to patients and families. Care Synergy recognized and supported employees with the creation and implementation of additional benefits and compensation programs protecting their jobs, health and livelihood.

We're proud of how CVNA was able to manage a smooth transition with Halcyon Hospice and Palliative Care, welcoming Halcyon's staff and patients, and creating a new division -- Halcyon at Colorado VNA.

Driven by the dedication to support the highest-quality life-enhancing and supportive care, our affiliates are rising to this challenge to meet the needs of the communities they serve. Thank you for your ongoing support during these unprecedented times.



Tim Bowen
CEO and President of Care Synergy
CEO of Colorado Visiting Nurse Association



In 2020, Colorado Visiting Nurse Association served 188 patients with COVID-19.

**COLORADO VISITING NURSE ASSOCIATION
AND HALCYON AT COLORADO VNA**

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